

2012 KRISHNAMURTI WINTER STUDY-INTENSIVE & RETREAT  
AN 8-DAY IMMERSIVE PROGRAM • OJAI, CALIFORNIA

# Awakening Awareness through Listening

Sunday, JANUARY 8 to Sunday, JANUARY 15, 2012

EXPLORING THE POTENTIAL FOR TRANSFORMATION  
AND AWAKENING DEEP LISTENING

**Registration: \$35**

**Program Tuition: \$625**

**College Student Discounted  
Scholarship Tuition: \$325**

**Senior Discounted Tuition: \$525**

**Local commuter participants pay  
the Tuition of \$625**

**All tuitions include lunch and dinner**

**Pepper Tree Retreat Lodging for all  
resident participants, includes  
breakfast: \$425**

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further details, email: [richard@kfa.org](mailto:richard@kfa.org)

Or call: 805-640-0532

Please also visit the KFA website for further  
information: [kfa.org/winter-programs.php](http://kfa.org/winter-programs.php)



Co-facilitators Richard Waxberg, Deborah  
Kerner, and Dr. Satish Telegar

## OUR PROGRAM IS TRULY A JOURNEY OF SELF-DISCOVERY

This is the 8th year that the Krishnamurti Foundation of America is offering this unique 8-day Study-Intensive Program that is designed to provide an opportunity for a deeply immersive study of the life-changing teachings of J. Krishnamurti, within a nurturing atmosphere of encouragement, affection and support.

Our Inquiry-based program gives each of us the opportunity to work together in exploring Krishnamurti's teachings directly. We are interested in applying Krishnamurti's approach of directly "seeing" and directly "listening" within the depth of our inquiries, to reach levels of awareness normally beyond the reach of our daily range of perception.

Through our work together, we can release potentially transformative energies that have been trapped as conditioned mechanical responses in our unconscious mind, since childhood. The release of these vital energies occurs spontaneously as we gain a deeper understanding and clarity into what is preventing each of us from a transformation of consciousness.

## AREAS OF EXPLORATION THAT OUR PROGRAM COVERS:

- CAN A NEW PENETRATING INTELLIGENCE BE BORN IN THE MIND?
- WHAT IS THE SOURCE OF PSYCHOLOGICAL SUFFERING & CONFLICT?
- WHY DO WE EXPERIENCE A SENSE OF LIMITATION IN OUR LIVES?
- OUR UNEXAMINED BELIEFS
- OUR PSYCHOLOGICAL NEED FOR SECURITY
- IS THOUGHT THE ONLY MEANS OF ACCESSING WISDOM IN OUR LIVES?
- WHAT IS THE TRUE NATURE OF A CREATIVE MIND?
- STEPPING OUT OF PSYCHOLOGICAL TIME
- WHAT IS THE ESSENCE OF TRUE MEDITATION?
- DISCOVERING FOR OURSELVES UNKNOWN DIMENSIONS OF AWARENESS

## COME JOIN US FOR THIS UNIQUE PROGRAM.

We offer an opportunity to enter into a shared exploration of J.Krishnamurti's teachings with like-minded people from around the world.

A Rare Opportunity to Study & Retreat in Krishnamurti's Home in the Beautiful Ojai Valley



## COMMENTS FROM PARTICIPANTS

• **The 8 day session was a total and complete immersion into K's living ideas.** We created a community and understanding through honest and thoughtful discussion and dialogue. Most of us need a community of partners, of friends, who help us shine a light on K's teaching, this way and that, upside down and inside out. We need people who challenge Krishnamurti's thinking, just as K had hoped we would do, and said so many times. In our sessions, we did just that. We lovingly challenged and learned what it means to function in the world with a deeper understanding that we absorbed through K's ideas.

All of us underwent a fundamental change during those 8 days. None of us will be the same. We will live through observing who we are in this world, living in the present moment and watching our interactions with others. In this way each group who is fortunate enough to go through this important program will change their small part of the world. ~ **Carol, educator**

• **Thank you from the bottom of my heart for the care and time you gave to me and all participants in our retreat.** I'll try my best to give back in the way of continuing work with Krishnamurti's dialogues. You three are wonderful facilitators who imparted wisdom, truth and most of all love. Best wishes with continuing dialogues and confidence in the fact that you are making a difference. With great affection ~ **Kathi, retreat owner**

• **The Krishnamurti Summer Study Intensive has undoubtedly changed my life.** It has turned on a light which allows me to see, search, and explore myself in a way that is truly immeasurable. Certainly I have discovered a new approach, a new way to observe, and through the teachings of Krishnamurti and intense yet relaxed dialogues, new insights come to me every day. An immense energy has been released. An energy that I have been holding back for so long and was afraid to look into the reasoning of. It is of utmost importance that anyone and everyone begin this exploration.

I would highly recommend this program to anyone that I know and to anyone that has the slightest intention of looking for a change. Nothing is more important than spreading this sense of beauty that every human is capable of seeing. ~ **Aria, student**

• **Thank you very much for your kind work, attention and compassion in the program!** The most unusual thing for me was the fact that people with different backgrounds and different conditioning could feel and understand each other so deeply. Sometimes there was an extraordinary calmness and clarity in my looking at myself and at the world around me. So, there was no separation between me and the rest of the world at all. There was no separation between my heart, my brain and my body. That was a feeling of direct perception of myself, nature, all the people around me, the feeling which I would call the true love. ~ **Eugene, student**

• **The dialogue work we did in the program in Ojai was the catalyst that unleashed unknown energies within me.** By the end of the course, I was equipped with the tools of awareness needed to examine the thoughts which had been suppressing these energies. Mere words cannot express the gratitude I have for what went on in the program. ~ **Ryan, student**

• **The Intensive doesn't end after the 8 days but carries one back into the world of daily living.** This "daily living" rides on the surface of a much deeper and profound peace and quietude that remains undisturbed. Richard, Deborah and Satish create a harmony with the participants which is free from ego and authority. In this environment, the group as a whole is transformed into a state of unity, free to explore the serious questions Krishnamurti raises, so the truth of our existence may be revealed. This program is a blessing, open to all who are serious to examine inside and outside of themselves. This intensive, through grace, reveals the truth which has the potential to set us free. ~ **Pam, yoga teacher**

• **This intensive has brought a different dimension to my life;** it has brought more depth and at the same time a new freshness and excitement because of all the new possibilities it has opened up. Krishnamurti's teachings have become alive: "How I meet life in everything I do" ... "Questioning everything, investigating life"... "Never ending learning"... "Breaking patterns".. Life has become MAGICAL! After 5 days, I am still in "AWE".... floating through life with a huge SMILE! ~ **Silvia, scholar**

• **I cannot express adequately with words how amazing this program was.** It simply changed the way I look at life now in every aspect, how I relate to my family, my students, nature. I observe and see with new eyes. I look at people around me that I already know, as if I am seeing them for the first time, and it is really liberating and opens space within me that I didn't know existed. I now pay attention to my thoughts and listen. There is a different quality to my understanding and people around me feel it, which is proof that this program planted seeds for profound changes. ~ **Maya, yoga teacher**

• **After participating in the retreat, there is now an inexpressible love, freedom, clarity, and goodness to life.** I am continuously astonished by the creativity and freedom in all my actions. A boundless sense of joy came to me this morning as I sprung out of bed. Before participating in the retreat, I felt very deeply that I was caught up in an endless stream of disappointment and suffering. I tried to find a solution in so many different programs, guru's, and religions. It is impossible to adequately express one's gratitude for the loving gentle way in which you pointed out that, with fearless attention, one can be a light unto one-self. Love to all. ~ **Jonathan, student**

• **The dialogue study intensive stimulates the opening of space and light within.** And breaking through dead thought is like a fresh breeze blowing through the mountain brush along a trail, it asks nothing, says nothing, is no thing.

Richard, Deborah, and Satish facilitate the dialogues in a way that makes the participants comfortable to share and probe thoughts and feelings. This allows for penetrating exploration and enables the group to move to deeper levels of inner awareness and group observation. There is a sense of playful experimentation, of finding the humor of life as one penetrates serious questions.

The program opens timeless space within and allows a glimpse of the extraordinary possibilities of living, casts a light over consciousness and how it operates, accelerating effortless transformation. I am deeply grateful for this program because of how intelligence is ignited and I recommend it to anybody who is serious about changing the current state of chaos in the world and within. ~ **Maria, writer**